Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Birthdays: 3 rd Paula 7 th Irene 15 th Jean C.	1 10:45 Walking Group 1:45 Collage Art 3 Letters to Troops	2 9:30 Wall Decor 10 Resident Council 1:45 BINGO 3 LJ's Biography Project	10:45 Sarah/Erica Baby "Sprinkle"	10:45 Pool Noodle Hockey	5 10:45 Hula Hoop Races 1:45 Bingo 3 Travelogue: Alaska
10:15 Church 10:45 Stretches 11 National Na Day 1:45 Matinee: The Blind S 3 Card Game Daylight Savings Time E	acho ^{10:4} Side 3	7 Sid's Birdfeeder Dedication 5 Baking: Cinnamon Roll Monkey Bread 5 Blessings Add Up Classical Music & Foil Leaf Art Happy Bday Irene	8 9:30 Patriotic Sing Along 10:45 Walking Group 1:45 Art: Poppy Pins 3 Watch the Vote U.S. General Election	9 9:30 Bible Study 10:45 Circuit Training 1:45 BINGO 3 Orange Pomanders	12:30 Outing:		12 10:45 Ping Pong Bucket Toss 1:45 BINGO 3 Ornament -making
10:15 Church 10:45 Stretches 11 Harvest Festival 1:45 Matinee: Goonies 3 Hula Hoop Fun	10:4 The 1:45	14 Holiday Centerpieces 5 #FunBooks and Nail Painting Cooking Group: Caramel Apple Cheescake Parfaits	 9:30 Wall Decor 15 10:45 Walking group 1:45 Craft: Popsicle Stick Door Wreaths 3 Memory Boxes Happy Birthday Jean C.! 	16 9:30 Hair Services 10:45 Watercolor Class with Cindy 1:45 BINGO 3 Bonfire & Smores	9:30 Science Social 10:45 Armchair Turkey Trot 1:15 Outing: Emery Farm and Donuts	18 10:30 Ramblin Richie 1:45 White Board Advice Photos And Small Group Games 5:45 Movie: Age of Adeline	
10:15 Church 10:45 Chair streto 11 The Evolut Stuffing 1:45 Matinee: Remember Titans	ches 10:4 ion of 1:45	21 Hula Hoop Races 5 Cooking Group: Cranberry Brie Bites & Pies 6 Chop Veggies & Reminsce Thanksgiving	22 10:45 Walking group 1:45 Paint Class: Autumn Trees 3 Drop-In Music & Holiday Decor	 9:30 Bible Study 10 Music Therapy with Mike 1:45 BINGO 3 Ornament- 	9:30 Macys Parade	10:45 Hula Hoop Fun	26 10:15 Christmas Tree Decorating 1:45 BINGO 3 Word Mining
10:15 Church 10:45 Chair Stretches 11 Fact or Fa 1:45 Matinee: Matilda 3 Charades	10:4 ake	28 Circuit Training 5 Cooking: Tuscan Vegetable Soup 5 Hula Hoop Fun Wall Decor	9:30 Watercolor 10:45 Walking group 1:45 Craft: Winter Jewelry	9:30 Hair Services & Holiday Decor 10:45 Chair Yoga		nber 🗶	

Harmony Homes by the Bay, 40 Briggs Way Durham, NH 03824 *All Activities subject to change* Activities@harmonyhomesnh.com