

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<b>Events:</b> Kats baby shower- 4 <sup>th</sup> Cinco de mayo - 5 <sup>th</sup> Alz. Edu series -11 <sup>th</sup> Mother's Day Brunch -13 <sup>th</sup> Hair services twice a month on Wednesdays	<b>1</b> <b>10:45</b> Walking Group <b>1:45</b> Cooking: Gluten Free Cookies <b>3:00</b> May Day Floral Wreaths & Leis May Day	<b>2</b> <b>10:45</b> Pool Noodle Hockey <b>1:45</b> Make Graduation Gifts <b>3:00</b> Relax & Color	<b>3</b> <b>10:45</b> Chair Yoga <b>1:45</b> BINGO <b>3:00</b> A History of Horses and Puzzle	<b>4</b> <b>10:30</b> Kats baby shower <b>1:15</b> Mother's Day Photoshoot <b>3:00</b> Star wars May the fourth be with you!	<b>5</b> <b>10:30</b> Music W/ Mike <b>1:45</b> Cinco de Mayo Party! <b>3:00</b> Kentucky Derby Cinco de Mayo	<b>6</b> <b>10:30</b> Remembrance Service <b>1:45</b> BINGO <b>3:00</b> Talk Derby to Me
<b>10:45</b> Chair Exercises <b>11:00</b> May Trivia <b>1:45</b> Movie Matinee: <b>3:00</b> Mother of All Humor	<b>8</b> <b>10:45</b> Walking Group <b>1:45</b> Cooking Club: Spring Brownies <b>3:00</b> Star of the Month: Henry Fonda	<b>9</b> <b>10:45</b> Pool Noodle Hockey <b>1:45</b> Making Bracelets <b>3:00</b> Painted Flower Pots	<b>10</b> <b>10:45</b> Chair Yoga <b>1:45</b> BINGO <b>3:00</b> Reminiscing TV & Favorite TV Shows Slideshow	<b>11</b> <b>10:45</b> Music Fitness <b>1:45</b> Outing: Wentworth Greenhouse <b>3:00</b> San Diego Ape Cam <b>4:00</b> Alz. Education Happy Birthday Dick!	<b>12</b> <b>10:30</b> Music w/ Mike <b>1:45</b> Make Mother's Day Gifts <b>3:00</b> The Mother Plant Facts	<b>13</b> <b>10:45</b> Mother's Day Brunch <b>1:45</b> BINGO <b>3:00</b> Wildflower Seed bombs
<b>14</b> <b>10:30</b> Chair yoga <b>1:45</b> Movie Matinee: <b>3:00</b> Relax and Color Mother's Day National Skilled Nursing Care Week	<b>15</b> <b>10:45</b> Walking Group <b>1:45</b> Cooking Club: Vanilla Sheet Cake <b>3:00</b> Wildlife Documentary	<b>16</b> <b>10:45</b> Pool Noodle Hockey <b>1:45</b> Framed Spring Inspirations <b>3:00</b> Make Dog Blankets for Shelter	<b>17</b> <b>10:45</b> Chair Yoga <b>1:45</b> BINGO <b>3:00</b> The Golden Prince: A Short Story Happy Birthday Sally!	<b>18</b> <b>10:45</b> Music Fitness <b>1:45</b> Outing: Nubble Lighthouse <b>3:00</b> Game Show Episodes	<b>19</b> <b>10:30</b> Music w/ Mike <b>1:45</b> Horse Races <b>3:00</b> Science Friday	<b>20</b> <b>10:45</b> Bean Bag Toss <b>11:00</b> All About Elvis <b>1:45</b> BINGO <b>3:00</b> Who Am I? Slideshow Armed Forces
<b>21</b> <b>10:45</b> Chair Exercises <b>11:00</b> Butterfly Facts <b>1:45</b> Matinee: Secret Garden <b>3:00</b> Gardening club	<b>22</b> <b>10:45</b> Walking Group <b>1:45</b> Cooking Club: No bake cookies <b>3:00</b> Petite Paper Purses Victoria Day (Canada)	<b>23</b> <b>10:45</b> Pool Noodle Hockey <b>1:45</b> Paint Class <b>3:00</b> Travelogue: Nevada, US	<b>24</b> <b>10:45</b> Chair Yoga <b>1:45</b> BINGO <b>3:00</b> Bee baths	<b>25</b> <b>10:45</b> Music Fitness <b>1:45</b> Outing: Prescott Park <b>3:00</b> Relax and Color Shavuot Begins	<b>26</b> <b>10:45</b> Music with Ramblin' Richie <b>1:45</b> Pack Crossroad Lunches <b>3:00</b> Science Friday	<b>27</b> <b>10:45</b> Bean Bag Toss <b>11:00</b> Coffee Trivia <b>1:45</b> BINGO <b>3:00</b> Wall decor
<b>10:45</b> Chair Exercises <b>11</b> Which war Was it? trivia <b>1:45</b> Matinee: Good morning, Vietnam <b>3:00</b> Poppy collage	<b>29</b> <b>10:45</b> Memorial Day Parade <b>1:45</b> Cooking Club: Snickerdoodle Cupcakes <b>3:00</b> Who Am I? Slideshow Memorial Day	<b>30</b> <b>10:45</b> Pool Noodle Hockey <b>1:45</b> Mysterious May Social! <b>3:00</b> Clue?	<b>31</b> <b>10:45</b> Chair Yoga <b>1:45</b> BINGO <b>3:00</b> Game Show Episodes Takeout Dinner: TBD	<h1>May 2023</h1> <p>Create Harmony #Listenandlove</p>		