

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>January Birthdays</b> Herb. 8 <sup>th</sup> Elaine A. 8 <sup>th</sup> Judy C. 14 <sup>th</sup> Kitty 24 <sup>th</sup>	<b>1</b> <b>9:30</b> watch fireworks around the world <b>10:45</b> chair stretches <b>1:45</b> new year party <b>3:30</b> discuss New Year's resolutions <i>New Year's Day</i>	<b>2</b> <b>9:30</b> Reminiscing <b>10:45</b> Music fitness <b>1:45</b> Painted bubbles <b>3:30</b> SNL episode <i>Someday we'll laugh about this</i>	<b>3</b> <b>9:30</b> Sensory exploration <b>10:30</b> Res. life meeting <b>1:45</b> Bingo <b>2:00</b> Hairdresser <b>3:30</b> watch queen for a day <i>Queen for a day</i>	<b>4</b> <b>9:30</b> Relaxation station <b>10:45</b> walking group <b>1:45</b> Outing <b>3:30</b> Flower arranging <i>Free flower basket day!</i>	<b>5</b> <b>9:30</b> Morning Art <b>10:45</b> Snowball toss <b>1:45</b> Matinee: Back to the future <b>3:30</b> looking to the future <i>Futuristic Friday</i>	<b>6</b> <b>10:45</b> Pool noodle hockey <b>11:00</b> Current event <b>1:45</b> Bingo <b>3:30</b> Learn about epiphany <i>Epiphany</i>
<b>7</b> <b>10:15</b> Sunday service <b>10:45</b> Chair yoga <b>11:00</b> Current event <b>1:45</b> <i>Matinee: Grumpy old men</i> <b>3:30</b> Puzzles	<b>8</b> <b>9:30</b> Memory cart <b>10:45</b> Chair stretches <b>1:45</b> Cooking club <b>3:30</b> Hand massages & manicures	<b>9</b> <b>9:30</b> Reminiscing <b>10:45</b> Music fitness <b>1:45</b> Wall decor <b>3:30</b> word mining <i>Word nerd day</i>	<b>10</b> <b>9:30</b> Sensory exploration <b>10:45</b> Scarf exercise <b>1:45</b> Bingo <b>3:30</b> Read love poems <i>Poets in love day</i>	<b>11</b> <b>9:30</b> Relaxation station <b>10:45</b> walking group <b>1:45</b> Outing <b>3:30</b> Make snowflakes <i>Let it snow day</i>	<b>12</b> <b>9:30</b> Morning Art <b>10:45</b> Snowball toss <b>1:45</b> jewelry making <b>3:30</b> Superhero trivia <i>Superhero day</i>	<b>13</b> <b>10:45</b> Pool noodle hockey <b>11:00</b> Current event <b>1:45</b> Bingo <b>3:30</b> learn about Maghi festival
<b>14</b> <b>10:15</b> Sunday service <b>10:45</b> Chair yoga <b>11:00</b> Current event <b>1:45</b> <i>Matinee: Cool Runnings</i> <b>3:30</b> listen to clarinet music <i>Happy birthday, Clarinet</i>	<b>15</b> <b>9:30</b> Memory cart <b>10:45</b> Chair stretches <b>1:45</b> Cooking Club <b>3:30</b> Learn about civil rights <i>Martin Luther King Jr. Day</i>	<b>16</b> <b>9:30</b> Reminiscing <b>10:45</b> Music fitness <b>1:45</b> quilt collage <b>3:30</b> learn about dragon lore <i>Appreciate a dragon day</i>	<b>17</b> <b>9:30</b> Sensory exploration <b>10:45</b> Scarf exercise <b>1:45</b> Bingo <b>2:00</b> Hairdresser <b>3:30</b> watch baby animal videos <i>Baby animal lovers day</i>	<b>18</b> <b>9:30</b> Relaxation station <b>10:45</b> walking group <b>1:45</b> Outing <b>3:30</b> opposite word game <i>Thesaurus day</i>	<b>19</b> <b>9:30</b> Morning Art <b>10:45</b> Snowball toss <b>1:45</b> Baby races <b>3:30</b> learn about animals that hibernate <i>Hibernation day</i>	<b>20</b> <b>10:45</b> Pool noodle hockey <b>11:00</b> Current event <b>1:45</b> Bingo <b>3:30</b> Make penguins <i>Penguin awareness day</i>
<b>21</b> <b>10:15</b> Sunday service <b>10:45</b> Chair yoga <b>11:00</b> Current event <b>1:45</b> <i>Matinee: March of the penguins</i> <b>3:30</b> Puzzles <i>Activity Professionals Week</i>	<b>22</b> <b>9:30</b> Memory cart <b>10:45</b> Chair stretches <b>1:45</b> Cooking club <b>3:30</b> Most beautiful small towns in America	<b>23</b> <b>9:30</b> Reminiscing <b>10:45</b> Music fitness <b>1:45</b> <b>3:30</b> Everest documentary <i>Coldest day in history</i>	<b>24</b> <b>9:30</b> Sensory exploration <b>10:45</b> Scarf exercise <b>1:45</b> Bingo <b>3:30</b> cowboy poems <i>Cowboy poetry week</i> <i>Tu B'Shevat Begins</i>	<b>25</b> <b>9:30</b> Relaxation station <b>10:45</b> walking group <b>1:45</b> Outing <b>3:30</b> learn about ocean station program	<b>26</b> <b>9:30</b> Morning Art <b>10:30</b> Ramblin Richie <b>1:30</b> Pack crossroads lunches <b>3:30</b> Learn about Australia day <i>Australia Day (Observed)</i>	<b>27</b> <b>10:45</b> Pool noodle hockey <b>11:00</b> Current event <b>1:45</b> Bingo <b>3:30</b> Listen to Mozart <i>Mozart's birthday</i>
<b>28</b> <b>10:15</b> Sunday service <b>10:45</b> Chair yoga <b>11:00</b> Current event <b>1:45</b> <i>Matinee: The chronicles of Narnia</i> <b>3:30</b> Puzzles	<b>29</b> <b>9:30</b> Memory cart <b>10:45</b> Chair stretches <b>1:45</b> Cooking club <b>3:30</b> Learn how they train guide dogs	<b>30</b> <b>9:30</b> Reminiscing <b>10:45</b> Music fitness <b>1:45</b> Paint class <b>3:30</b> Games	<b>31</b> <b>9:30</b> Sensory exploration <b>10:45</b> Scarf exercise <b>1:45</b> Bingo <b>2:00</b> Hairdresser <b>3:30</b> Coloring <b>Takeout dinner: TBD</b>	<h1>January 2024</h1> <p>Oh Baby! Its cold outside!</p>		